

Tackling Loneliness



Together



Luton Town Football Club Community Trust are joining 31 clubs as part of a major new programme designed to bring people together and make individuals feel better connected.

We will be running safe, socially distanced and online group activities, such as walking groups, book clubs, computer skills and cookery classes.



We can also offer individual support if you just fancy a chat or would like us to help you by collecting and dropping off your library books or picking up your weekly shopping for example. We can also set up a pen pal system for those of you who enjoy writing!



If you, or someone you know, would like to be part of our programme, or you have any suggestions for activities or services we or you could offer then please email us at Community@lutontown.co.uk or ring our friendly community staff on 01582 561622